

There is one God.  
He is the supreme Truth.  
He is the Creator,  
is without fear and without hate,  
He, the omnipresent,  
pervades the universe.  
He is not born,  
nor does he die to be born again.  
By his grace shall you worship him.  
Before time itself, there was truth.  
When time began to run its course he was the truth.  
Even now, he is the truth  
and ever more shall truth prevail....

The Guru is is the ladder, the dinghy, the raft by means of which one reaches God;  
The Guru is the lake, the ocean, the boat, the sacred place of pilgrimage, the river.  
If it please Thee I am cleansed by bathing in the Lake of Truth.

-Guru Nanak, "The Mul Mantra and Siri Ragu, 9, Adi Granth (Guru Granth Sahib)" (circa 1520-1539, first compiled in 1604) excerpt.