

The physical type of the Mahutu is that common to blacks [with an] average size of 1.67m, very dark skin color and curly hair, brachycephalous and prognathous, with a crushed nose and thick lips. [The Tutsi are] a ruling minority. Their supremacy is not disputed [for three reasons, political, economic and] racial, their superiority of physical type, a people of tall imposing appearance [that] to simple and half-civilized people generates prestige and influence. Who are they and where do they come from? When we go from upper Egypt or the plateaux of Abyssinia to Rwanda, we recognise them as follows ... tall men, on average reaching 1.79m.... Their limbs are long and lanky, with regular features, noble bearing, serious and proud.... They are the Caucasian type, like the Semite of Asia.

-Louis De Lacger, "Ruanda" (Written in 1939; translated and edited in 2004) excerpt.